

9/8 Throat Column

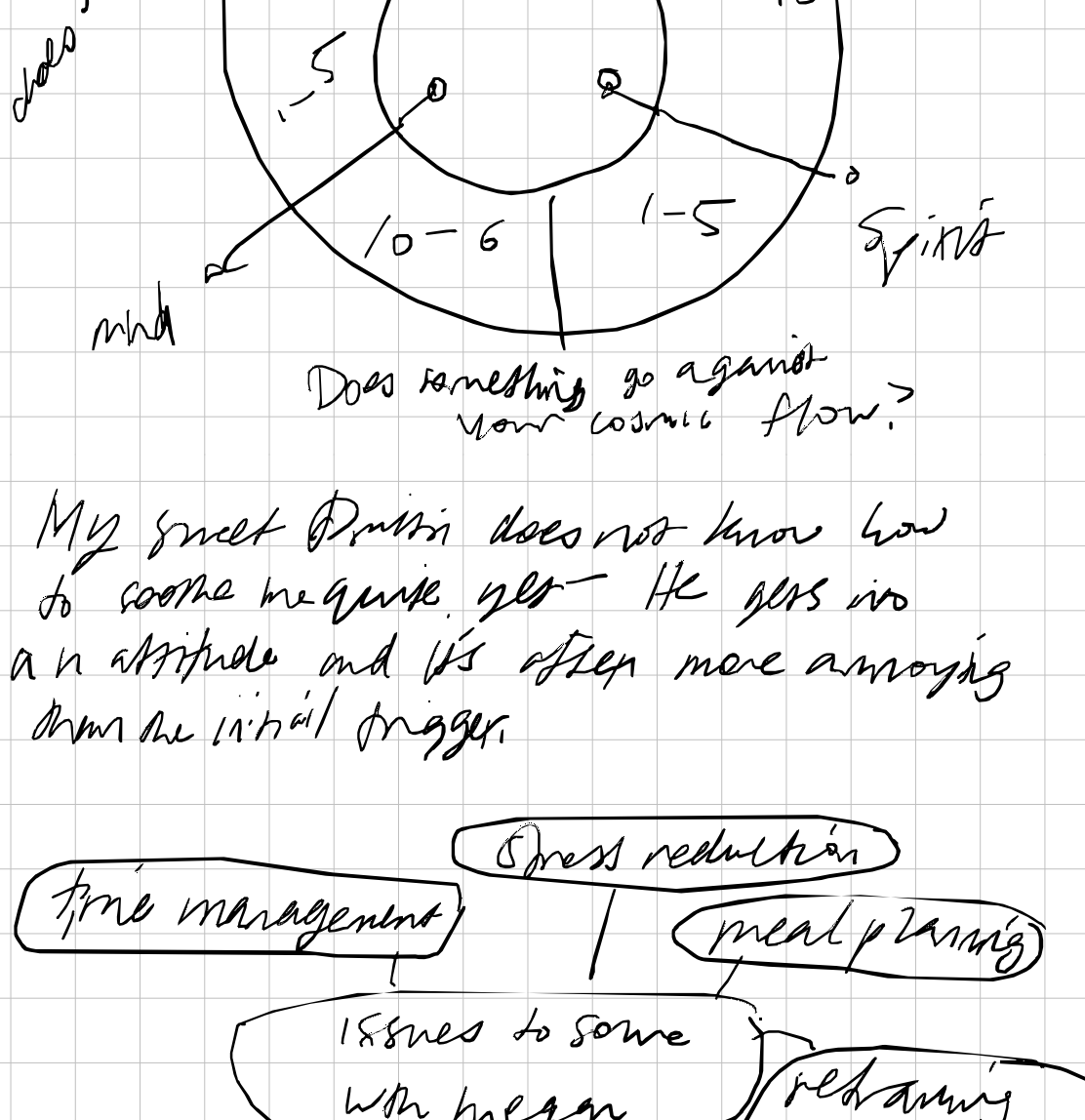
T work driver

4 reading fiction gym sushi

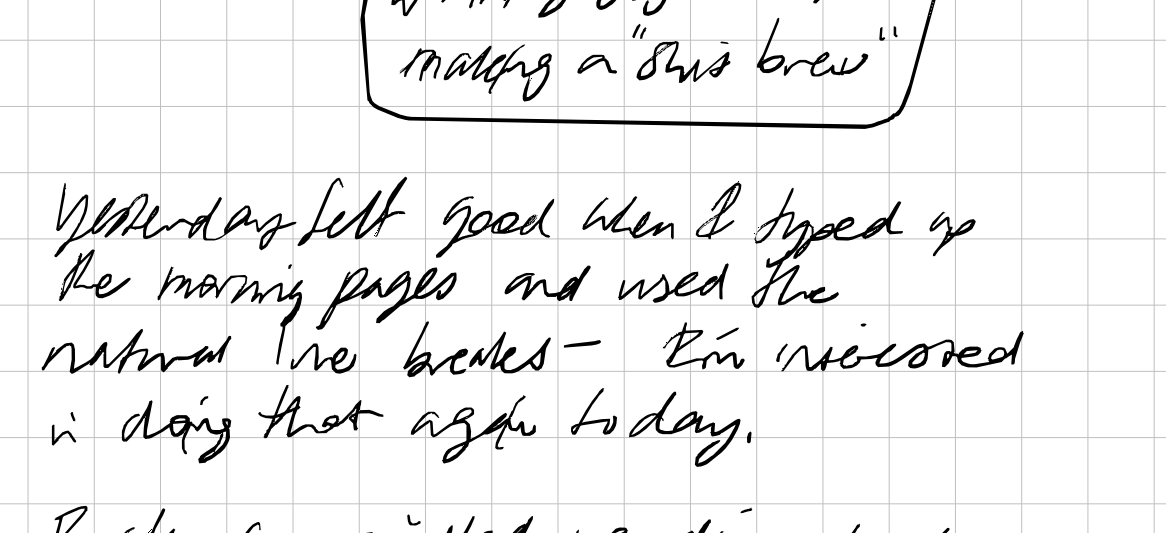
When I think about yesterday, I feel it is my abdomen. As a lady, I would like a more clear dashboard:

Error Light is flashing

Standard units of Drivers



My sweet Dennis does not know how to come in quite yet. He gets in an attitude and it's often more annoying than the initial trigger.



Yesterday felt good when I typed up the morning pages and used the natural notebook - I'm recovered in doing that again today.

I also appreciated reading about Scribbles writing.

1) Managing Your Writing Behavior

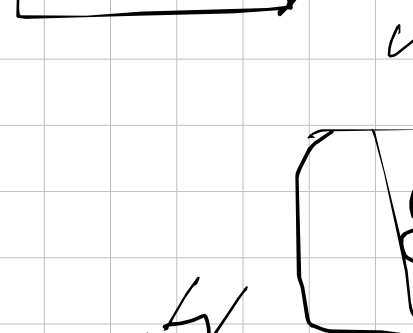
2) The Chronological Structure of the Scientific Paper

I appreciated that this is the push for the next morning paper.

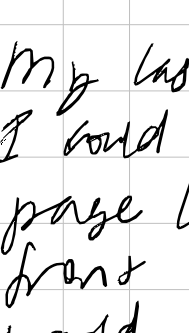
Yesterday, I applied for a residency to work on Latha's project somewhere and it was nice to apply to something as an individual -

Perhaps, that's part of my journey is knowing that I have a collective, but I also have a "motorcycle."

Lately, I've been really into the car metaphor recently.



Latha is a vehicle for understanding my goals.

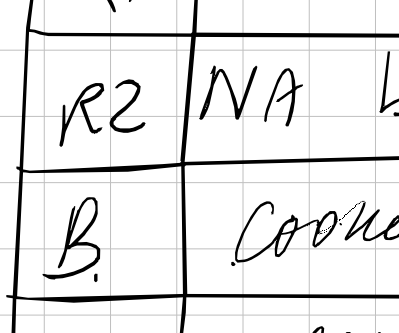


Latha is connected to place and time and also herself. She is a womanhood and uses analogies to connect natural phenomena and the human psyche. She reads Cuenca's feminist ethics again, looking for phrases for her next ritual.

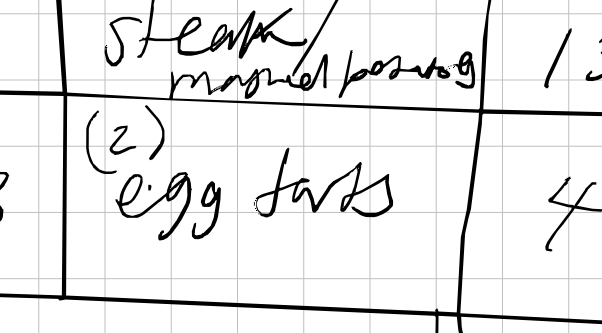
I will apply it for the readability thing about the ceremonial quality.

After presentation, she shares her symbols with an overhead projector.

She draws them into a tray of seeds (maybe they are all kinds? maybe the ever seed is available? maybe there's a way to just get 820 of seeds at home depot.)



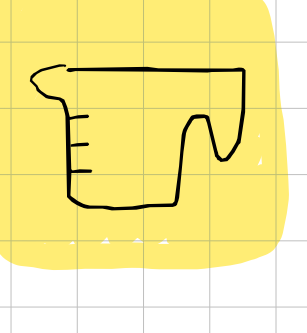
I like the idea that she has the symbol she draws and then a corresponding mood board.



overlapping projections

My last rule, it was nice to feel like I could just throw my notes into the page layout and let it work some front matter because yeah, Latha's world really came in at a transition.

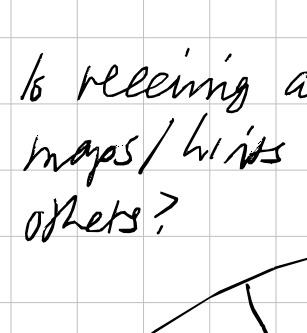
I had an idea just now about the metaphor for the car and using it to be more about the cosmos.



Agency/Activity/Experimentation

The 9 practices having symbols really helps me get into the doing of things the way that the Stephen B. Heard book suggests to leave a page mid sentence so you can have some momentum.

This is what I'm taking about -



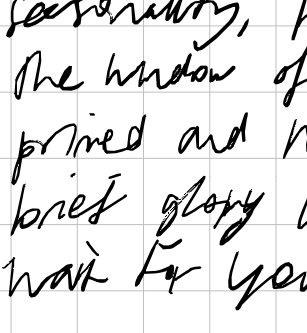
Managing your kinetic energy (not all energy is kinetic)

Sun

R1	Coffee	5
R2	NA beer	80
B.	cookies	200
L	veggie stir fry	400
D	steak/mashed potatoes	1300
R3	(2) egg farts	480
		2,425

moon

R1	Coffee	5
R2	NA beer	80
B.	Coke	90
L	Fried Rice	400
D	Sushi and Fried shrimp	975
R1	(2) egg farts	480
		1990



The world of counting - when I talked to Chaf Gyr about my morning pages yesterday, a theme popped out about counting.

9 practices

2043 calories

3 gym visits

18 weeks

3 seasons

the dashboard for the universe - I liked the idea of working towards a metaphor related to checking in on when the conditions are right for the dimension's highway.

to receiving advice/fortunes/directions/maps/hints going to have better days than others?

Today is Tuesday - this driver is about a Tuesday. Scott, week 2 of Bright Fall. I'm taking in the landing of Fall. Like when you arrive physically to a new place of existence or a house, you are in the Landing. Fall's Landing.

I have travel plans and I'm looking forward to being in a new place. I cleaned out the closet yesterday and got a lot of clothes into storage bins. The clarity of one garment far longer.

I remember in February, there was so much to take in to our shared abode, I did not have the new saying system I have now.

frequent	sometimes	special occasions	never
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Frequent and special occasions are actually the most important because special occasions is a thingy one. Going into seasonality, knowing when the time comes the window of opportunity, you want to be primed and ready for the brevity of that brief glory like a comet - it will not wait for you.