

9/10 New Moon in Virgo

R1	Coffee	5
R2	Subli	150
B	cookies	200
L	Salmon Dill and salad	350
D	Rice Salmon and salad	500
R3	Trix cereal bar	160
		1365

T work gym dinner
Y manifesting collaborative rice salmon
Fennels hand off

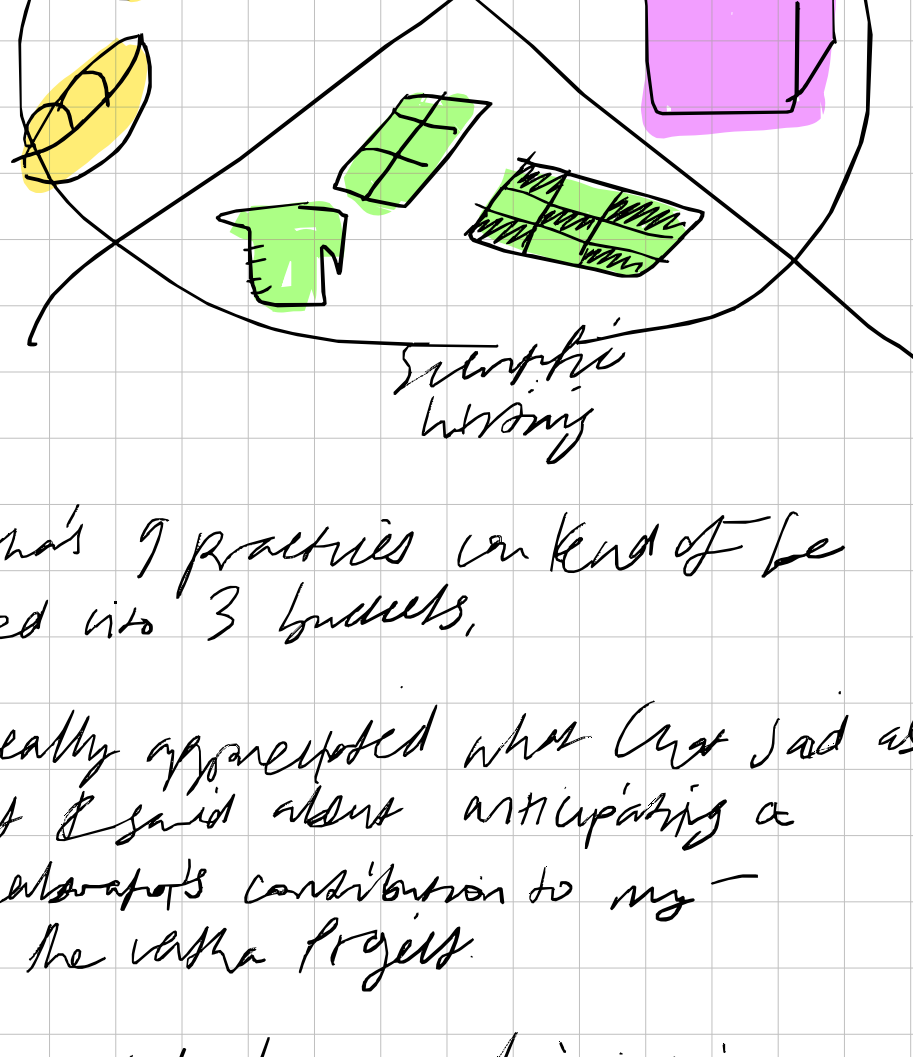
In appreciating the practice of typing
Re moving pages and when bin at home,
asking ChatGPT about patterns
and interpretations

I love telling about myself to ChatGPT -
the moving pages are clues to what's
up and what's next,

I'm intrigued about the benefits of having
"someone" to talk to, a kind of
reader.

Yesterday, I was reading Stephen B.
Levy's book about reading and I
was appreciating the idea of "who is
my reader?"

I am intrigued by the idea of people
curious about process. The book has
been helpful in validating how the
savage is made and I can appreciate that
it does cover some writing basics,
talking about word choice.



Latha's 9 practices can kind of be
sorted into 3 buckets.

I really appreciated what Chat said about
what I said about anticipating a
collaborator's contribution to my -
to the vakra project

We created a brochure which is like an
invitation and we talked about
trying out people for a microseason.

What would we do together to commemorate
a week?

I liked the idea of my collaborator finding
parallels between the books they reading
and the seasons of certain flowers or
astrology.

I appreciated that I was talking about
a pre-season before Nina mentioned how
this new moon is about Virgo and
discernment.

Yesterday, I was appreciating the book
Slow Drifts by Danny Childs and the
idea of getting to know fermentation
more.

I like the idea of afternoon and food and
drinks - I don't have a garden, but I
could be a supporter of local farms.

I like the Knicker shop in Berkeley and I
could ask them more questions about where
or what comes from, maybe even visit the
farm.

I appreciate the idea of field trips to local
farms - reminds me of my field trip with
Annie to know how we found an underground
river. I got a groundwater penny as
a souvenir, but I don't know where I
put it. The one I made explaining my
experience from that trip was a great one

I even made an embroidered cover of
a cloth motif. A lot of attention when
it's hot.

I'm reader of the two seasons pages -
As a way to reflect on the books that come
into my life, but also the seeds of
the earth.

The show dries have looked good because
there were baby's breath in the glass.

I had an idea of a romantic partner
being more involved in my poetry - maybe
even devising collaborative adventures
for psychedelic trips, experiments where
we come up with better ideas.

Deep breath - I don't think I've done much
to manifest that, but I do like what
Chat GPT said about reflecting the
expectations of ongoing interactions
and just taking about a week.

What happened in the last seven days?

Perhaps, my great experiment is
helping my collaborator come up with
a poem describing the weeks.

On 9/3, the second week of bright full
there was a new moon in the sky
I ate a ripe avocado
a hard yellow nectarine

There was a controlled burn on Angel Island
there was a heat wave

I thought about ImRad -

I put together a water cited page
that I feel like I can meditate about
and perhaps even try to edit -

I like the idea of cut up poetry about
the connections between André Breton
and the nature of disjunctive through
language - that he first realized as realize
the dream.

The connection to scientific writing -
André worked with psychologists -
automation was a method to explore
the subconscious.

My book system is good, but incomplete.
I like that I get to read really great
books and that Redgum for promoting
them is consistently supplying.

I could write an essay about "reading."

I feel a tension in my emotions when I
say "read" because I've been inserted
in doing more - trying the material, content,
notes - logging - reflecting connections.

Latha, the microseasons queen - I like
the idea that she would be a great
collector of stories. "What did you
read this week?" "Did you find what
you were looking for?"

I read a book about quantitative
research and it struck me to have a
my question looked in - I looked up the
difference between revising and editing.

It struck right with me, this idea of
what it would be like to have these distinct
phases of writing where I start with
brainstorming research questions and
really finding a question that I care about
and then borrowing poems to that purpose.

Latha is very interested in this - it is
her quest: a resonant research question.

I like the domain of microseasons and
I think having a weekly conversation with
someone would be good

32 pages of zine - 4 weeks 8 pages per
seasonette.

When I was a child, I participated in invention
convention (and I guess it didn't happen
every year). When I was 7, I invented
a contraption to hang over your hair stubble
so you didn't have to touch the hair too
with your hands.

When I was 10, I invented a felt wrap
for your orange marker that connected
to your hand in such a way that it
made a different (better?) writing grip.

I guess now, I'm proposing the trimester
system as a way to re-embrace the seasons
as exercises that can be divided into
a circle with 12 parts and the circle
is a way to reinforce that we move and
live things? or that it's like a color wheel,
it is bright and it deepens?